

Top Tips for Learning At Home

Families across the country are learning at home now. Many find it tricky. Here are some top tips, from lots of different people, which might help you and your children with Home Learning.

At night:

Make sure the children are getting plenty of good sleep, by going to bed when they would during school days.



Set an alarm for each morning.

Have a clock (that the child can read) in view.



Charge the laptop or tablet your child will be using.

Create a calm and quiet working space (table etc).

Chill a water bottle in the fridge.

Get learning resources and stationery ready.

Create a timetable for the day – Zoom meeting times, work times, break times, end time.



During the 'school' day:

Get dressed and have breakfast before the morning Zoom meeting.



Check the laptop / tablet is ready and the link works before the meeting time.

Give 10 minute warnings before routine changes. Keep to a routine each day.

Include breaks with outside time or physical activity.



Turn off other screens and music, keep other children occupied or away if possible.

If you can, seeing you work at the same time as your child may be a huge incentive, and fun for them, too.



Post completed work on Class Dojo often. Feedback from adults will be a great incentive.

Other Top Tips:

Present rewards (sticker chart, small treat or a fun activity).



Stay calm. Try to keep each activity fun, light-hearted and full of praise.



Avoid sugary foods – sugar can make children struggle to concentrate.

Remind children that **EVERYONE** is learning. Just like going to school - we all have to do it! 😊

Children love competitions! What can you turn into a game or a challenge?

If something's not working, change the activity, take a break or try a different strategy.

Be honest with school staff – we are all happy to help however we can!



We hope this helps! As it says, if we can help in any way, please contact school to let us know.

Happy Learning – and we can't wait to have ALL the children back in, safely, soon!